

# august

COA is excited to announce the re-opening of two of our food sites on August 2, 2021! These openings will be done slowly, safely, and securely and will allow a bit of normalcy back into your lives. The Senior Activity Building, 1011 E. North St., Ithaca, and the Fulton Township Hall, 3425 W. Cleveland Rd. (M-57), Perrinton, are the sites that will be opening. The sites will be open for **lunch only** from 11:30 am to 1:30 pm Monday, Wednesday and Friday.

The re-opening of the remaining food sites will be staggered over the next few months as we work with the Health Department to meet various protocols and handle staffing shortages in our main kitchen. If your neighborhood site has not opened yet, please consider visiting either the Ithaca or Fulton food site to share a meal with other Gratiot County Seniors. Thank you for your patience and understanding.

When entering the food site, please pay attention to any signs that are posted regarding requested protocols. Hand sanitizer will be available for your use at both sites. If you plan to attend lunch at either Fulton or Ithaca, please call to register for the meal by contacting the COA Kitchen at 989-875-5332. Reservations must be made at least 24 hours in advance.

We will continue to work towards providing a safe environment for everyone. As we all know, circumstances change quickly and we may have to be nimble enough to reverse at any time. We hope to see many new and familiar faces at either the Fulton site or the Ithaca site in the month of August.



You are  
**Appreciated**

Jennie Taylor, who celebrated her 90<sup>th</sup> birthday recently, has been a friend and advocate of the Commission on Aging for many years. She owns J&J Party Store in Ithaca and Jennie along with her late husband Jim, heard of the financial needs of the Home Delivered Meal program in 2001 and decided to make a difference. The Taylor's placed a small donation tub near their cash register and, over the past two decades, the amazing customers of J&J Party Store have generously provided \$8,782.43 to the Home Delivered Meal program.

We cannot thank the Taylor's enough for their love, compassion, and support of the Home Delivered Meal Program, as well as the individuals we have served and continue to serve. If you get an opportunity, please stop by J&J Party Store, 213 E. Center Street, Ithaca and give thanks to Jennie and her son, Joe, for their tremendous generosity!

SENIOR GRATIOT, INC  
515 S. Pine River  
Ithaca MI 48847  
989.875.5246  
Change Service Requested

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# SENIOR GRATIOT

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Website: [www.gratiotmi.com/Departments/Commission on Aging](http://www.gratiotmi.com/Departments/Commission on Aging)



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## Senior Gratiot Subscription/Donation

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**Donation:** \$10.00 \_\_\_\_\_ \$15.00 \_\_\_\_\_ \$20.00 \_\_\_\_\_ Other \_\_\_\_\_

In Memory of \_\_\_\_\_

In Honor of: \_\_\_\_\_

Please make checks payable to *Senior Gratiot Newspaper* and submit to:

Senior Gratiot Newspaper  
515 S. Pine River St.  
Ithaca, MI 48847

The **Senior Gratiot, Inc.** organization is operated exclusively for charitable purposes, within the meaning of Section 501 (c)(3) of the Internal Revenue Code to encourage and assist with the provision of programs and services for older adults in Gratiot County operated in cooperation with the Gratiot County Commission on Aging.

**Suggested contribution to Senior Gratiot:** **\$20.00 per year** helps to cover the costs of producing and mailing the paper. A great way to remember when to send your donation is to send it on your birthday each year.

**Address Changes:** Senior Gratiot is mailed under a nonprofit automated mail rate and will not be forwarded with a notice to the post office.

**Please notify the COA office using the form at the left each time you request a change to assure we record changes correctly. Thank you. Your assistance with this helps to keep the costs down.**

### Fulton Food with Friends Site to Re-Open!

By Irene Noffsinger, Site Mgr

The Commission on Aging is going to re-open the Food with Friends site at the Fulton Township Hall on Monday, August 2, 2021. We will be open for **lunch only** (activities will be added back in slowly) from 11:30 am to 1:30 pm on Mondays, Wednesdays and Fridays. Please see the article on the front page for all the details. I can't wait to reconnect with all of you!

## Commodity Food Distribution Date

Commodities distribution will be on **Monday, August 23, 2021.** Anyone 60 years and older who meets the income guidelines is eligible to receive the food commodities. Income guidelines are as follows: one person's monthly income no more than \$1,383; income per couple not to exceed \$1,868 monthly. (To confirm income guidelines, please call Eight Cap.) Anyone interested in the program must contact Eight Cap at 989-463-5693. Clients may pick up commodities at the Alma Elks, 610 W. Warwick Dr., Alma from 9:30 a.m. to 11:00 a.m. or at the Commission on Aging, 515 S. Pine River St., Ithaca from **12:30 to 1:30 p.m.**

*If the first week in August is unusually warm, the coming winter will be snowy and long.*  
Unknown

## GAIN: Companions

### Pet Adoption, Retention and Support

The Purpose:

1. To support a lifelong human/animal bond.
2. To help lower-income senior citizens and individuals with special needs by providing financial support for the extras a pet requires. This may include rental deposits, vetting, spaying and neutering, food, or emergency care.
3. To help with adoption of a new pet and/or with retention of a current pet.

Although GAIN can't do everything for everyone, GAIN can provide some help and make referrals for others to other resources.

Older adults and owners with special needs have time to provide love and pets provide companionship, decreasing loneliness. Physically, pet owners get more exercise, have less stress, and lower blood pressure.

For more information please contact Julie at 989-875-2286 or via e-mail at [julie@gainmichigan.org](mailto:julie@gainmichigan.org).



**Food with Friends  
Ithaca & Fulton  
Opening  
August 2  
11:30-1:30  
Mon., Wed.,  
and Fri.**

### Support Groups Meet in Alma

**Parkinson's Disease**

2nd Thursday of each month, 5:00 p.m.  
300 E. Warwick Dr.  
Wilcox Auditorium  
MidMichigan Medical Center Gratiot  
Contact: Michelle Miller, 989-466-3378

**Alzheimer's/Dementia**

3rd Wednesday of each month, 4:30 p.m.  
300 E. Warwick Dr., Room 1161  
MidMichigan Medical Center Gratiot  
Contact: Michelle Miller, 989-466-3378

**SENIOR GRATIOT, INC.**

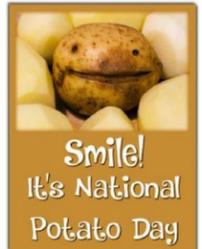
**JENNIFER COOK, EDITOR  
MARITA HARKNESS  
HOWARD POINDEXTER  
VICKIE THUM  
CRAIG ZEESE**

**Senior Gratiot is published monthly for Gratiot County senior citizens 60 years and older by Senior Gratiot Inc., 515 S. Pine River St. Ithaca, MI 48847. It is supported by donations and is printed at Stafford Media Solutions of Greenville.**

# Menu



# Menu

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <p>2</p> <p>Swedish Meatballs<br/>Kyoto Vegetable<br/>Peas<br/>Strawberries<br/>Wheat Bread</p>                 | <p>3</p>  | <p>4</p> <p>Macaroni &amp; Cheese<br/>Broccoli<br/>Beets<br/>Tropical Fruit<br/>Wheat Bread</p>                  | <p>5</p>   | <p>6</p> <p>Bar- B Q Chicken<br/>Au gratin Potatoes<br/>Crunchy Veg Salad<br/>Fresh Orange<br/>Dinner Roll</p> |
| <p>9</p> <p>Summer Chicken Salad<br/>on a Bun<br/>Pickled Beets<br/>Carrots<br/>Orange</p>                      | <p>10</p>    | <p>11</p> <p>Baked Chicken<br/>Steamed Cabbage<br/>Fruit Cocktail Gelatin<br/>Potato Salad<br/>Wheat Bread</p>   | <p>12</p>   | <p>13</p> <p>Chicken Pattie<br/>Redskin Potatoes<br/>Lettuce &amp; Tomato<br/>Applesauce<br/>Hamburger Bun</p> |
| <p>16</p> <p>Home Style Beef Stew<br/>Broccoli<br/>Mixed Vegetables<br/>Peaches<br/>Biscuit</p>                 | <p>17</p>   | <p>18</p> <p>Breakfast Bake<br/>Sausage Links<br/>Redskin Potatoes<br/>Fresh Orange<br/>Cinnamon Roll</p>        | <p>19</p>  | <p>20</p> <p>Pulled Pork<br/>Carrots<br/>Spinach<br/>Pears<br/>Hamburger Bun</p>                               |
| <p>23</p> <p>Chicken A La King<br/>Brussel Sprouts<br/>Capri Vegetable Blend<br/>Tropical Fruit<br/>Biscuit</p> | <p>24</p>   | <p>25</p> <p>Potato Crunch Pollock<br/>Mixed Vegetables<br/>Fruited Cole Slaw<br/>Apricots<br/>Hamburger Bun</p> | <p>26</p>  | <p>27</p> <p>Chicken Salad<br/>Potato Salad<br/>Carrots<br/>Strawberries<br/>Hamburger Bun</p>                 |
| <p>30</p> <p>Beef and Noodles<br/>Whipped Potatoes<br/>Peas<br/>Mandarin Oranges<br/>Dinner Roll</p>            | <p>31</p>  |  |           |  |

Menu is Subject to Change Without Notice, Milk or Juice provided with all meals  
To CANCEL your HDM or to order a meal for a Food with Friends site, please call the COA Kitchen, 989-875-5332.

## Senior Activity Building Donors

Volunteers named and unnamed who completely cared for the Building during this pandemic and continue to help out. Linda St. Charles is now at the Building from 8 to 10 each morning welcoming Seniors and caring for the Building as she has done for the past 18 years.

### Gifts In Gratitude to SAB

Jo Jones

### Memorials

**Al Dickman**

Bob & Mary Sullivan

**Gifts received at GRATIOT COUNTY COMMUNITY FOUNDATION SENIOR ACTIVITY BUILDING AGENCY ACCOUNT:**

Mary Humm

## Senior Activity Building News & Information

By Jo Jones, Site Mgr.

The Senior Activity Building Board Inc. is meeting at the Building on the third Tuesday of each month at 1:15 p.m. Our early morning Seniors are happy to be back at the Building from 8:00-10:00 a.m. on weekday mornings. All seniors are welcome to stop in to borrow a book or a puzzle and to just say hello to Linda St. Charles. The Horseshoe group meets at 1:00 p.m. each Wednesday at the Horseshoe pits. We are still hoping to have more seniors pitch or to cheer the players on to a ringer!

To contact a member of the SAB Board, please phone the Commission on Aging, 989-875-5246, to leave a message for Jo Jones. Jo or a member of the SAB Board will be happy to return your call.

There is great news in that the Commission on Aging is going to re-open the Food with Friends site at the SAB beginning August 2, 2021 from 11:30 a.m. to 1:30 p.m. for **lunch only** on Mondays,

Wednesdays and Fridays. It is a very exciting time and more information is contained in the article on the front page. Activities will be added as time goes on.

Let's celebrate the re-opening of Food with Friends and stay safe!

## Legal Assistance

Region VII Area Agency on Aging has taken over for Lakeshore Legal Aid, providing legal assistance to older adults in our community. If you need legal assistance, contact Region VII's Legal Department, 800-858-1637.

## Region VII Area Agency on Aging



To date,  
**J&J Party Store**  
has donated \$8,782.43 to  
the HDM program at the  
Commission on Aging!

# Memorials

## Commission on Aging

**Margaret Miller**  
Patty Reeves

**Gary Irvin**  
Lou Irvin  
Chad Irvin & Family  
Cory Irvin & Family

**Alden Howay**  
David & Kathryn Thomas

**Roy Stafford, Sr.**  
Veronica & Family

**Kendall Foster**  
Joan Sparks

**Tom Howay**  
Jim & Cindy Weber

**Kendall & Marlene Foster**  
Sally Reava

**Sue Gulick List**  
Lisa & Steve Heimburger

**Alden T. Howay**  
Phillip & Sheila Hanus

**Venetta M. Parling**  
Cathy & Jim Lucas  
Tim Lucas  
Kenny Lucas

**Ida Bakker Kramer**  
Edith Martin

**Al & CN Howay**  
Jean & Robert Craton

**Donna Surbrook**  
Jo Heidger

**Arlene Hanley**  
Marion Bendele  
Jeanne Bendele

## Senior Gratiot

**Linda S. White**  
Douglas White

**Our Parents, Lloyd & Elva Peach  
and Robert & Leontine Lake**  
William & Susanne Peach

**Duane C. Pendell**  
**Muril L. Cooper**  
**Betty J. Cooper**  
Mary & Larry Cooper

**Maxine Sparks**  
**Ralph Sparks**  
**Janet (Sparks) Wiseman**  
**Larry J. Davis**  
Nancy K. Davis

**Julie Ann Brauher**  
Marcella Brauher

**Alfred Netzley**  
**Dan Netzley**  
Joan Netzley

**Jimmy Zamarripa**  
Elena Brand

**Irma M. Toms**  
Susan A. House

**Alverta Freed**  
Old Bob & Vel

**Sharon Merchant**  
Paul & Corinne Bertram

**Mary Zamarron**  
Bernice Casnovsky  
Elizabeth Casnovsky

*Thank you for  
your support and  
generous  
donations.*

## Gratiot Historical Museum Dinner at the Museum

The Gratiot County Historical Museum is open Wed. 1:00-4:00 p.m. through October. This year's theme is "Gratiot County Women in the Home and Beyond." Displays feature sewing, laundry and kitchen tools of yesterday as well as displays relating to various women's occupations outside the home. Come and enjoy the items on display as well as some recent improvements which have taken place at the museum. The log cabin and barn are also open.

While visiting the museum, don't forget to purchase your raffle ticket for a chance to win a "Dinner for Six at the Museum". This annual fundraising dinner offers the guests an evening which includes a private tour and delicious meal. An early 1900's entrée will be provided by the Hearthstone Oven and served using the museum's collection of antique china and tableware. Donation raffle tickets are \$10 each and are available through September 15<sup>th</sup>. Tickets can also be purchased at the Genealogy Library, Burford's Plumbing & Heating and Alley T's in Ithaca, and The Depot Museum in St. Louis. The winning raffle ticket will be drawn on Wednesday, September 15<sup>th</sup>, at 2:00 p.m.

## COA Donors

Senior Activity Building Board  
Thomas J. Schmitz  
Lincoln Rd. United Methodist  
Church  
Mary Ann Garcia

Perry & Gail DeGood  
Ithaca Knights of Columbus #8785

Home Delivered Meals  
Marty Peet

## Honorariums

**Dean Mitchell**  
Anonymous

**All Seniors**  
Barbara Coursey

## Senior Gratiot Donors

Sheila Rempp  
Norma Moegenborg  
Ilene McGill  
Barb Jenkins  
James C. Johnson

Rosalie Brush  
Bonnie & Bruce Williams  
Frank Hinderleider  
Lillian Chapko  
Jean Mayes

