



Homestead Property Tax & Home Heating Credit Information

The Commission on Aging Staff and volunteers will provide assistance with the preparation of Homestead Property Tax and Home Heating Credits for *residents of Gratiot County*. Listed below are the qualifications for either credit as well as the documentation required to prepare the forms. (The Commission on Aging *does not* complete federal or state income tax returns, only homestead property tax and home heating credits.) Please read through the information, review the schedule, and then contact the Commission on Aging at 989-875-5246 to schedule an appointment at any one of the sites listed. **APPOINTMENTS ARE REQUIRED.** We look forward to assisting you with this process.

Homestead Property Credit Qualifications:

- Homeowner's property taxes must be higher than 3.5% of the homeowner's income
- Renters, usually 20% of your rent is considered your share of property tax

Home Heating Credit Qualifications:

- A person who owns a home or is a renter and has an income that is less than the income guidelines.

Bring these verifications to your SCHEDULED Tax Credit Appointment

- All income for 2021 (Social Security, pensions, interest, farm income, etc.)
- Property Tax Statements (Homeowners only)
- Proof of heat cost for 2021 (Consumers customers bring December 2021 bill. Fuel/Propane customers bring heat expenses dating between 11/01/2020 through 10/31/2021)
- Medical Supplemental Health Insurance Premiums
- Automobile Insurance (Only the Personal Injury Protection amount is a deduction)
- Rent Payments: Rent paid to a landlord, or lot rent paid to a mobile home park. Rent verification is not needed if you live in a subsidized housing complex

SENIOR GRATIOT, INC
515 S. Pine River
Ithaca MI 48847
989.875.5246
Change Service Requested

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US POSTAGE PAID
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2021 TAX CREDIT APPOINTMENT DATES

<p>Commission on Aging 515 S Pine River St, Ithaca Thursday, February 3rd 9:00am – 3:00pm</p>	<p>Greenland Place Apartments 129 Michigan Ave, St Louis Thursday, February 17th 10:00am – 11:30am</p>
<p>Heather Court 400 E Warwick Dr., Alma Tuesday, February 8th 10:00am – 11:30am</p>	<p>TA Culter Memorial Library 312 Michigan Ave, St Louis Thursday, February 17th 1:00pm – 3:00pm</p>
<p>Pine Villa 425 E Warwick Dr., Alma Tuesday, February 8th 1:00pm – 3:00pm</p>	<p>Commission on Aging 515 S Pine River St., Ithaca Tuesday, February 22nd 9:00am – 3:00pm</p>
<p>Breckenridge Food with Friends 122 E Saginaw St., Breckenridge Wednesday, February 9th 10:00am – 11:30am</p>	<p>Tartan Terrace 423 Gratiot Ave, Alma Wednesday, February 23rd 9:30am – 11:00am</p>
<p>Pinestead Apartments 224 Pine St., Breckenridge Wednesday, February 9th 1:00pm – 3:00pm</p>	<p>Scottish Pines 1575 Pine Ave, Alma Wednesday, February 23rd 1:00pm – 2:30pm</p>
<p>Park Colony 935 E Arcada St., Ithaca Tuesday, February 15th 1:00pm – 2:30pm</p>	<p>**Donations are encouraged to help Commission on Aging pay for postage to mail Tax Credit forms to Lansing**</p>



Commission on Aging is seeking volunteers to deliver Home Delivered Meals to seniors in Gratiot County. Deliveries are Monday, Wednesday and Friday. Reimbursement for mileage is available. Please contact COA for more information, 989-875-5246.



Reminder: The Commission on Aging will be closed on Monday, February 21st for Presidents' Day. There will be no Home Delivered Meals or Food with Friends.



Like Gratiot County Commission on Aging
On Facebook & Twitter



Senior Gratiot Subscription/Donation

Please check: New Subscription _____ Renewal _____ Change of Address _____

Temporarily Away _____ Stop Date: _____ Restart Date: _____

Name: _____

Address: _____

City: _____ Zip: _____

Phone Number: _____ DOB: _____

Temporarily Away Address (use only if wish to receive the paper while away)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Donation: \$10.00 _____ \$15.00 _____ \$20.00 _____ Other _____

In Memory of _____

In Honor of: _____

Please make checks payable to *Senior Gratiot Newspaper* and submit to:

Senior Gratiot Newspaper
515 S. Pine River St.
Ithaca, MI 48847

The **Senior Gratiot, Inc.** organization is operated exclusively for charitable purposes, within the meaning of Section 501 (c)(3) of the Internal Revenue Code to encourage and assist with the provision of programs and services for older adults in Gratiot County operated in cooperation with the Gratiot County Commission on Aging.

Suggested contribution to Senior Gratiot: **\$20.00 per year** helps to cover the costs of producing and mailing the paper. A great way to remember when to send your donation is to send it on your birthday each year.

Address Changes: Senior Gratiot is mailed under a nonprofit automated mail rate and will not be forwarded with a notice to the post office.

Please notify the COA office using the form at the left each time you request a change to assure we record changes correctly. Thank you. Your assistance with this helps to keep the costs down.



MyMichigan Medical Behavioral Health Care

Depressed? Anxious? Stressed?

You are not alone and it is important to take care of your mental health. MyMichigan Medical Center - Gratiot is your go-to place. They have a team of experts ready to assist you.

The Psychiatric Partial Hospitalization Program is available to help address behavioral health concerns with an intensive, patient centered program designed to help people cope with life. For more information, please contact MidMichigan Medical Center - Gratiot at 989-466-3253 or by going on-line to mymichigan.org/mentalhealth.

Support Groups Meet in Alma

Parkinson's Disease

Alzheimer's & Related Dementia

Where: MyMichigan Medical Center Gratiot
300 E. Warwick Drive, Wilcox Auditorium
When: 5:00 p.m., 2nd Thursday of each month

Where: MyMichigan Medical Center Gratiot
300 E. Warwick Drive, Room 1161 A & B
When: 4:30 p.m., 3rd Wednesday of each month

MyMichigan Health and Michigan Parkinson Foundation offer a support group facilitated by Michelle Miller, M.S.N., R.N., community health nurse educator. This group allows people with Parkinson's Disease and caregivers to share their journey, the obstacles, and the triumphs as well as provide emotional support for each other.

The Alzheimer's Association offers this support group to provide caregivers an ongoing opportunity to exchange support and encouragement as they assume the demanding task of caring for individuals who experience the physical, intellectual and behavioral difficulties associated with Alzheimer's Disease.

Group Topics Include:

- ◆ What Disease Management Resources are available
- ◆ A Matter of Balance
- ◆ Taking Control: Recognizing and Managing Signs and Symptoms
- ◆ Advance Directives
- ◆ Physical Activity and Parkinson's Disease

Group Topics Include:

- What Home Care & Community Resources Can Offer You
- Validation Therapy vs. Reality Orientation
- Understanding Difficult Behaviors
- Caregiver Time
- The Effect of Dementia on Feelings

For more information, please contact Michelle Miller at 989-466-3378 or email at michelle.miller@mymichigan.org

For more information, contact Michelle Miller at 989-466-3378. or michelle.miller@mymichigan.org

Senior Activity Building News & Information

By Jo Jones, Site Manager

The Gratiot VFW Post #7805 will meet at the Building on February 1st, at 7:00 p.m.

The Just for Fun Dulcimer Club will provide music for your pleasure on Valentine's Day, Monday, Feb. 14th. The time for the Dulcimers is 2:00-4:00 with Mary Humm as our Building representative.

A-Tractive Tractor club meets at 7:00 p.m. on Wednesday, February 16th.

The Senior Activity Building Board will meet at the Building on the third Tuesday, February 15th, at 1:15 p.m.

Our early morning Seniors continue to enjoy Linda St. Charles' coffee and conversation at the Building from 8:00 to 10:00 a.m. each weekday morning. All Seniors are most welcome to find a spot around the coffee table.

The Commission on Aging keeps our Ithaca Food with Friends site open on the current schedule of Monday, Wednesday, and Friday from 11:30-1:30 p.m. at the Senior Activity Building. As of January 11th, masks are required when attending Food with Friends. Obviously, we are also trying to leave more space in between participants and masks are off while eating. Whenever this schedule changes, we will try to keep you informed. FWF's phone number is 989-875-2135. Please call ahead of time to make your reservation. We look forward to your call!

If you would like to do some safe walking indoors, we have an old and good tape called "Walking to the Beat". We will play it any Monday, Wednesday or Friday at 11:30!

Please remember the SAB and FWF will be closed on Monday, February 21st in observance of President's Day.

Senior Activity Building Donors

Thank you for the gifts received by the Senior Activity Building from December 11, 2021 through January 12, 2022.

Thank you to all of our volunteers named and unnamed who take care of our Building.

Gratiot VFW Post #7805

Gifts In Gratitude to SAB

Joyce Raycraft
Jo Jones
Just For Fun Dulcimer Club
Ken Federspiel
Sondra Schaub
Cleo Flegel

Memorials

Joyce Beard
Bob & Mary Sullivan
Bill & Ella Martyn
Sally Martin
Joyce Raycraft
Bill & Linda DeVuyst
Howard & Nancy Crites
Bob & Gail Paradise
Jim & Bonnie Ludwick
Donn & Pat Gates

Tom Proctor
Charlene VanHaften
Bob & Mary Sullivan

Hazel Clagg
Bill & Ella Martyn
Judy Roslund
Howard & Nancy Crites
Jack & Betty Hunnicutt

Jim Whitaker
Rick & Hazel Hull
Mike & Lynn Hull

Jim Whitaker
Roger, Jan, Nicole & Courtney Olson
Delbert & Tracie Swain III
John & Elaine Thomas
Wanda Whitaker
Bill & Linda DeVuyst
Joe Skriba

Dr. William Roth
Joyce Raycraft
Bob & Mary Sullivan

Emma Troub
Bob & Gail Paradise
Dr. Hall Williams
Jack & Betty Hunnicutt

Mike Baney
Jayne Baney
Jack & Betty Hunnicutt

Pauline Sparks
Chris & Susan Sparks

Kathy Humm
Donn & Pat Gates

Virginia Teachman
Donn & Pat Gates
Food with Friends

Honorarium

All SAB Volunteers
Milene Nemeth

Gifts received at GRATIOT COUNTY COMMUNITY FOUNDATION SENIOR ACTIVITY BUILDING AGENCY ACCOUNT:

Mary Humm

Book Nook & Puzzles

As the winter months drag along, it can be difficult to keep the days filled with activities. Stop by Commission on Aging, 515 S. Pine River, Ithaca, and pick up a great book from the Book Nook. We have a variety of books, including large print.

If books are not your favorite thing, there are also puzzles available for you to take home. The puzzle range from 350 pieces up to 1000 pieces.



Needed!

The Commission on Aging knitters are in need of yarn donations. The knitters make children's hats, mittens, headbands, scarves, and baby blankets and caps for children in Gratiot County.

Donations of yarn can be brought to Commission on Aging, 515 S. Pine River St., Ithaca. For more information, please call 989-875-5246.



Commodity Food Distribution Date

Commodities distribution will be on **Monday, February 28, 2022**. Anyone 60 years and older who meets the income guidelines is eligible to receive the food commodities. Income guidelines are as follows: one person's monthly income no more than \$1,396; income per couple not to exceed \$1,888 monthly. (To confirm income guidelines, please call Eight Cap.) Anyone interested in the program **must** contact Eight Cap at 989-463-5693. Clients may pick up commodities at the Alma Elks, 610 W. Warwick Dr., Alma from 9:30 a.m. to 11:00 a.m. or at the Commission on Aging, 515 S. Pine River St., Ithaca from **12:30 to 1:30 p.m.**

Foster Grandparent and Senior Companion Programs

Benefits: \$3.00 an hour non-tax stipend (will not affect social security, subsidized housing etc.), mileage reimbursement and a meal during service hours, training, PTO, and holiday pay.

Must be: 55 and older, meet income guidelines, available to volunteer 15-20 hours per week and pass background checks.

Serving: Clare, Gratiot and Isabella Counties

Please contact: Brandi Knivila, Jodi Onstott, or Anne Acles at (989) 772-0748 for more information.

Loan Closet

Commission on Aging has a loan closet that is available to seniors (60 years of age or older) who live in Gratiot County and may be in need of adaptive medical equipment. There is limited availability of disposable bed pads and adult diapers as well. If you are in need of something, please call 989-875-5246 to see if we have the item available.



Supporting Children in Need

By Rachel Molands, CASA Recruitment Coordinator

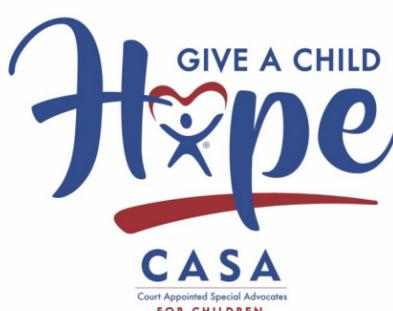


Honorable Kristin M. Bakker shared that Court Appointed Special Advocates (CASA) "are an imperative part of the successful child protection system currently functioning in Gratiot County. The work these volunteers do each week outside the courtroom, behind the scenes, is necessary

and important to insure the best interest of the child are being met at all times."

CASA Volunteers are everyday citizens trained and empowered to advocate on behalf of our community's most vulnerable children. It is more critical than ever for communities to work together in identifying the right mix of supports to establish meaningful connections for children and youth in care. CASA Volunteers strengthen connections and engagement for our communities' youth. CASA Volunteers ensure that the VOICE of a child is heard in court. CASA Volunteers pledge that a child never feels alone.

There are still many children waiting for someone to make their voices heard. Learn more about what you can do to make a difference in the life of a child by calling Child Advocacy at 989-463-1422 or visit www.childadvocacy.net.



Support Group Offerings from Sparrow Hospital

Sparrow Hospital out of Lansing is offering several support groups for grief and bereavement. You can attend the group in person or virtually.

The Open Support Groups meet on Thursdays, from 3:30-4:30 p.m. The discussions are based on the following:

Any Loss: First and Third Thursdays
Loss of Spouse or Partner: Second Thursdays
Loss of Adult Child: Fourth Thursdays

They are also offering groups that have special topics which meet from 10:00-11:00 a.m.

Loss Beyond One Year: First
Men's Group: Second Wednesdays

These groups are free of charge and open to anyone in the community. They meet at Sparrow Hospital at St. Lawrence Campus, 1210 W. Saginaw St., Lansing. Enter the west entrance and proceed to the second floor gathering room.

Should you wish to attend one of these groups virtually, please contact Jen Scholes, Bereavement Coordinator, to obtain the correct phone number or link. You may reach Jen by calling 517-364-7223 or via email at Jennifer.Scholes@Sparrow.org.

Valentine



E	B	C	H	O	C	O	L	A	T	E	S	V	Q
Y	D	N	E	I	R	F	L	R	I	G	T	A	H
G	I	C	H	A	M	P	A	G	N	E	R	L	D
R	S	Y	U	D	Y	S	E	M	L	D	E	E	R
E	T	U	U	N	T	C	O	I	O	A	I	N	O
D	R	D	R	E	C	B	M	A	V	T	R	T	M
R	A	B	C	I	N	U	U	T	E	E	A	I	A
O	E	B	E	R	E	E	P	R	R	A	U	N	N
S	H	E	E	F	E	E	H	I	E	E	M	E	C
E	T	M	E	Y	R	Y	M	D	D	H	A	N	E
S	E	I	E	O	P	D	D	E	R	E	C	D	H
B	E	N	T	B	A	E	A	Q	C	I	A	C	G
E	W	E	T	E	U	Q	U	O	B	T	E	R	A
E	S	B	C	A	Y	R	A	U	R	B	E	F	H

BE MINE
 LOVE
 FEBRUARY
 CHAMPAGNE
 BOYFRIEND
 ROMANCE
 RED ROSES
 BOUQUET
 VALENTINE
 GIRLFRIEND
 CUPID
 SWEETHEARTS
 ADMIRER
 CHERUB
 DATE
 CHOCOLATES

Puzzle provided by the following website:
<https://thewordsearch.com>

Sudoku Rules

The rules are quite simple, actually. The hard part lies in solving the puzzle!

A sudoku puzzle consists of a 9 by 9 grid. This grid is subdivided into nine 3 x 3 boxes. Some of the cells in the grid are prefilled with a number between 1 and 9, while many other cells are blank. Your job is to determine the correct number to be entered in each of the empty cells.

To figure out which number between 1 and 9 belongs in a particular cell, you need to adhere to the following rules:

- The numbers 1 through 9 must appear exactly once in each **row**.
- The numbers 1 through 9 must appear exactly once in each **column**.
- The numbers 1 through 9 must appear exactly once in each **3x3 box**.

The challenge of sudoku is using the process of elimination and other strategies to identify the unique solution for the sudoku puzzle. Sudoku really is an excellent brain game, as it trains logical reasoning and visual perception, among other brain skills.

Sudoku Puzzle

1		8			6	4		
		6		5		8		7
5								
2	6	9	5				8	
			4		6			
	8				2	7	9	1
								5
6		4		7		2		
		1	2			9		3

Gratiot Community Personal Needs Pantry

The residents of Gratiot County are continuing to be served by the Gratiot Community Personal Needs Pantry with supplemental personal care items which cannot be purchased with a Bridge/SNAP card during this difficult time. The pantry is able to provide a pre-packed bag containing 4 rolls of toilet paper, a tube of toothpaste, dish soap, 2 bars of soap, laundry soap and other items, if available, upon request. These items are available thanks to the generous donations received from individuals, churches, and non profit organizations.

The Personal Needs Pantry is open to all Gratiot County residents. A client may use the pantry every 28 days and will need to present identification when they come. Please come to the rear of the church and remain in your vehicle. A volunteer will meet you and provide you with your bag of items.

Location: St. Louis 1st United Methodist Church
116 S. Franklin St., St. Louis
(Next to the 7-Eleven)

When: Every Thursday
12:00-1:30 p.m. and
5:00-6:30 p.m.

A big thank you goes out to the volunteers of the community for their dedication to the pantry. If you have any questions, please contact the church at 989-681-3320.



Legal Assistance

Region VII Area Agency on Aging has taken over for Lakeshore Legal Aid, providing legal assistance to older adults in our community. If you need legal assistance, contact Region VII's Legal Department, 800-858-1637.

Region VII Area Agency on Aging



I got myself a seniors' GPS. Not only does it tell me how to get to my destination, it tells me why I wanted to go there!

Ideas for Aging Positively

The definition of positive aging as defined by the Australian Psychological Society: *“the process of maintaining a positive attitude, feeling good about yourself, keeping fit and healthy, and engaging fully in life as you age.”*

Now is a great time to think about small things you could change to help you as you age. Following are a few ideas to assist you in aging positively.

- * **Learn something new:** When was the last time you learned something new? Continued learning can contribute to improved well being, confidence life satisfaction and engagement. Select an activity you will enjoy and will also increase in difficulty as you learn.
- * **Volunteer:** A study conducted by the University of Calgary discovered that those that volunteered one hour a week were 2.4 times less likely to develop dementia than those that didn't volunteer. You must be consistent in volunteering to reap those rewards, but what an amazing thing for doing a good deed.
- * **Laugh daily:** Did you know that when you laugh you release a whole host of healthy benefits? A good laugh can help to relax you, increase your circulation, improve your immune system, provide pain relief and just improve your mood.
- * **Practice gratitude:** This is a relatively easy thing to do and you may discover you will have more positive emotions, improved health, increased ability to deal with adversity and build stronger relationships. Write gratitude letters, start a gratitude journal and document the things your are grateful for or just express gratitude to the people you are grateful for.
- * **Listen to music:** Listening to music stimulates our brains and provides many benefits such as reducing anxiety, blood pressure and pain along with improving our sleep quality, mood and alertness. It helps to contribute to our overall brain health as we age.

Gratiot Animals in Need



(GAIN)



A local non-profit, Gratiot Animals in Need (GAIN), offers a variety of resources to Gratiot County pet owners.

- ♥ **Pet Food Pantry:** The pantry is for lower income or senior citizen pet owners. Pet owners can pick up pet food and in certain limited circumstances, delivery may be available. The pet food pantry is located at Ways of the West on M-46 between Alma and St. Louis, 1696 W. Monroe Rd. The pantry hours are Tuesday, 2:00-5:00 p.m. and Thursday, 3:00-5:00 p.m. Please call to confirm the hours, 989-681-5993, as volunteers staff the pantry.
- ♥ **Companions Program:** The Companions program can assist Gratiot County seniors pay for veterinary office visits and, depending on the issue, for pet medications or treatments needed. Contact 989-875-2286 or email julie@gainmichigan.org for mor information. GAIN recognizes the benefits of pet ownership and the special bond seniors have with their pets. Our goal is to help Gratiot County seniors retain their pets.
- ♥ **Low Cost Spay/Neuter Clinic:** This clinic is for owned and free roaming cats. Free roaming cats are \$15 with a mandatory ear tip and Rabies vaccination included. Owned cats are \$55 (spay/neuter only). Rabies and/or distemper vaccinations are \$10 each, microchips are \$20. Live traps are available for check out when catching a cat for the purpose of spay/neuter. Call 989-875-2286 to schedule an appointment. Please leave a message if there is no answer.
- ♥ **Financial Assistance for Dog Spay/Neuter:** The spay/neuter is done either through a local vet or low-cost clinic. Call the office at 989-875-2286 for more information on this program.
- ♥ **Barn Cat Program:** This program is for people who are looking for assistance with rodent control in their barn, garage, warehouse, etc. To request placement of one or more of our working cats, call the office at 989-875-2286.

Menu



Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 	4
		Beef Stroganoff Capri Blend Vegetable Beets Rice Pudding Wheat Bread		Baked Ziti Baked Potato Brussel Sprouts Citrus Fruit Cup Wheat Bread
7	8 	9	10	11
Potato Crunch Pollock Red Skin Potatoes Carrots Fresh Orange Wheat Bread		Sloppy Joe Broccoli California Blend Veggies Peaches Hamburger Bun		Macaroni & Cheese Green Beans Tossed Salad Leprechaun Fluff Wheat Bread
14	15	16	17 	18
Chicken Pattie/Bun Italian Blend Potato Rounds Mandarin Oranges		Hamburger/Bun Lettuce and Tomato Corn Baked Potato Pears		BBQ Meatballs Brussel Sprouts Whipped Potatoes Pineapple Wheat Bread
21 	22 	23	24	26
CLOSED Presidents's DAY		Macaroni & Cheese Mixed Veggies Tossed Salad Citrus Fruit Cup Wheat Bread		Corn Chowder Hard Boiled Egg Peas Strawberries Garlic Toast
28		Milk provided with all meals Suggested Donation \$2.50	Food with Friends Reservations required 24 hours in advance	
Chicken Stew Winter Blend Carrots Pears Corn Bread				

**Menu is Subject to Change Without Notice, Milk or Juice provided with all meals
To CANCEL your HDM or to order a meal for a Food with Friends site, please call the COA Kitchen, 989-875-5332.**

Greeting From Fulton

By Irene Noffsinger, Site Manager



How exciting! February means we are getting closer to March, and then April. I am already ready for warmer weather. I used to really love winter, and I still enjoy the snow, but as I age, I am finding the bitter cold a littler harder to deal with. I bet I am not alone on this one.

February is full of National Days, some of which can be paired together, even if they are on different days. Here are a few:

February 4th: National Homemade Soup Day. I love this one. What is better

than a pot of homemade soup on a cold day? Chicken soup, long thought to have medicinal purposes, is just plain good. Scientists believe that a bowl of chicken noodle soup can reduce inflammation of the lungs. Add a nice dinner roll, and I am in heaven. If you would, take a minute, write down your favorite homemade soup recipe and bring to lunch on Valentine's Day. We can share and try some, new to us, recipes.

February 7th: National Send a Card to a Friend Day. This is very important, especially during these difficult times. I think we all know someone that is not attending events because of our ongoing concerns. Take a minute, pick up the phone, send a card or take over a pot of that homemade soup and leave it on the porch. A few minutes of our time can mean a lot to someone that is sheltering.

As you know, we have plenty of books. Please feel free to come in when we are open and browse through the books. Books may be taken and books may be left.

For those of you that are taking a time out from Food with Friends, please know that we miss you. We are looking forward to the time we will all feel com-

fortable being together again. Come join us for lunch. We have a good time and it is good for everyone to meet, visit and have lunch together. We are open from 11:30—1:30 for lunch. Please remember to call ahead and reserve your lunch.

To date, J&J Party Store has donated \$9,432.43 to the HDM program at the COA!

Food with Friends

Breckenridge Site

Breckenridge Masonic Temple
122 E. Saginaw St., Breckenridge
Phone: 989-842-3338
Site Manager: Lori Chvojka

Fulton Site

Fulton Township Hall
3425 W. Cleveland Rd., (M-57)
Perrinton
Phone: 989-236-5019
Site Manager: Irene Noffsinger

Ithaca Site

Senior Activity Building
1011 E. North St., Ithaca
Phone: 989-875-2135
Site Manager: Jo Jones

SENIOR GRATIOT, INC.

**JENNIFER COOK, EDITOR
MARITA HARKNESS
HOWARD POINDEXTER
VICKIE THUM
CRAIG ZEESE**

Senior Gratiot is published monthly for Gratiot County senior citizens 60 years and older by Senior Gratiot Inc., 515 S. Pine River St. Ithaca, MI 48847. It is supported by donations and is printed at Stafford Media Solutions of Greenville.

Memorials

Commission on Aging

Greg Siefker
Judy Roslund

James Norris
Veronica & Family

Larry Ackels
Andrea Ackels

Laura Allen
Joyce Beard
Hazel Clagg
Cynthia Davis
Marcel Evitts
Don Flegel
Jean Hallock
Keith Hallock
Jarmila Heavaty
Todd Hodges
Alan & Alice Schafer

JD & Lena MacLaren
Ernest & May Pharr
Patty Jo Pharr
Ernie Pharr
Richard & Barbara Pharr

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Marcia Zimmerman
Linda Cartwright
David Boeskool

Greg Siefker
Lyle Parks
Timothy & Colleen Boyer

Dick Allen
Mike Glynn
Ben Gulick
Kathy Humm
Betty Nelson
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Marjorie Butcher
Nelda Boroughf & Family

Donald Raabe
Rosemary Gohm

Senior Gratiot

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Susan Sparks

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Linda Church
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Dorothea Glover
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Nancy Francetic

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John Maas
Alverta Freed
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Mary Coe
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Dan & Marlene McGuirk

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Marci Browne
Bob & Linda Monroe

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Pamela Ostrander
Howard & Nancy Crites
Roberta Charney

Thank you for your support and generous donations.

February is...
AMERICAN HEART MONTH

