

January

Homestead Property Tax & Home Heat Credit Assistance

Commission on Aging (COA) staff and volunteers are looking forward to assisting you in the completion of Homestead Property Tax and Home Heating Credit documentation beginning in February. There will be many clinics set up to aid in this assistance and the clinic schedule will be printed in the February issue of the Senior Gratiot. At that time, you can call the COA office, 989-875-5246, to schedule an appointment.

As a reminder, COA is only able to assist with the Homestead Property Tax and Home Heating Credits, we are not able to prepare federal or state income taxes for filing. Listed below are the qualifications for receiving the tax credits. More information will be forthcoming in the February Senior Gratiot.

Homestead Property Credit Qualifications:

- Homeowner's property taxes must be higher than 3.5% of the homeowner's income
- Renters, usually 20% of your rent is considered your share of property tax

Home Heating Credit Qualifications:

- A person who owns a home or is a renter and has an income that is less than the income guidelines.

Happy New Year

SENIOR GRATIOT, INC
515 S. Pine River
Ithaca MI 48847
989.875.5246
Change Service Requested

January 2023
Volume XLVIII
Number 1

NON-PROFIT ORGANIZATION
US POSTAGE PAID
PERMIT NO. 4
ITHACA MI

SENIOR GRATIOT

Published by Senior Gratiot, Inc. A non-profit organization, in cooperation with Gratiot Commission on Aging
Website: www.gratiotmi.com/171/Commission-on-Aging

Bus Trips on the Horizon



Be sure to mark you calendars and call Commission on Aging, 989-875-5246, to make your reservation! Additional information will be published in future editions of the Senior Gratiot. Let's have lots of fun in 2023!



The Simon and Garfunkel Story
Whiting Auditorium, Flint
Friday, March 24
\$129



Mother's Day Brunch
Henderson Castle, Kalamazoo
Sunday, May 13
\$129



ROAD Trip!



Lilac Festival
Mackinac Island
Wednesday, June 14
\$225



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Senior Gratiot Subscription/Donation

Please check: New Subscription _____ Renewal _____ Change of Address _____

Temporarily Away _____ Stop Date: _____ Restart Date: _____

Name: _____

Address: _____

City: _____ Zip: _____

Phone Number: _____ DOB: _____

Temporarily Away Address (use only if wish to receive the paper while away)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Donation: \$10.00 _____ \$15.00 _____ \$20.00 _____ Other _____

In Memory of _____

In Honor of: _____

Please make checks payable to **Senior Gratiot Newspaper** and submit to:

Senior Gratiot Newspaper
515 S. Pine River St.
Ithaca, MI 48847



The **Senior Gratiot, Inc.** organization is operated exclusively for charitable purposes, within the meaning of Section 501 (c)(3) of the Internal Revenue Code to encourage and assist with the provision of programs and services for older adults in Gratiot County operated in cooperation with the Gratiot County Commission on Aging.

Suggested contribution to Senior Gratiot: **\$20.00 per year** helps to cover the costs of producing and mailing the paper. A great way to remember when to send your donation is to send it on your birthday each year.

Address Changes: Senior Gratiot is mailed under a nonprofit automated mail rate and will not be forwarded with a notice to the post office.

Please notify the COA office using the form at the left each time you request a change to assure we record changes correctly. Thank you. Your assistance with this helps to keep the costs down.



Snow Removal Service

Winter has arrived and snow is falling. The Commission on Aging's Home Chore department is ready to assist the seniors of Gratiot County with shoveling the snow.

Dan and the crew use walk behind snow blowers and shovels to clean your sidewalks, driveways and porches. Unfortunately, they are not able to clean long driveways.

All you need to do to take advantage of this service is call the COA office, 989-875-5246, on the day you need the snow cleared. Your name will be added to the list for that day. You **must call each time** you need the snow removed as snowfall amounts can differ across the county. There is no charge for this service, however donations are accepted and will help cover the costs of the program to keep it running. Every effort is made to complete the requests daily so don't forget to call.



COMMISSION ON AGING'S HOMESTEAD PROPERTY TAX and HOME HEATING CREDIT PROGRAM SEEKING VOLUNTEERS

Sue Koch, Coordinator of Volunteers 989-875-5246

If you enjoy working with numbers and helping seniors at the same time, the Commission on Aging can use your help and talents. Volunteers are needed to complete the Michigan Homestead Property Tax and Home Heating Credit Forms for Gratiot County senior citizens. As a person who enjoys attention to detail, possesses math skills and is familiar with a basic calculator, you will be a perfect fit.

Tax credit sessions are held at various locations throughout Gratiot County, but most sessions take place in Alma, St. Louis and Ithaca. Morning and afternoon sessions will be offered in February. Each session will last about 3 hours. The volunteer will sign up for the specific session(s) that work best in their schedule. The volunteer works alongside experienced volunteers.

Training is provided by Sarah McClung, Program Coordinator. For more information, please contact Sue Koch, Coordinator of Volunteers 989-875-5246, for more information.



We Need Volunteers!

Commission on Aging is in need of **Home Delivered Meal Volunteer Drivers** to deliver meals made in the kitchen at COA in Ithaca, to home bound seniors in Gratiot County. If you choose to volunteer with us, it will be the beginning of a great adventure and you will be providing a great service to the seniors of Gratiot County. If you are interested, please give the office a call at 989-875-5246 and ask to speak with Sue Koch, the volunteer coordinator. Sue will get your journey started!



Senior Activity Building

January 2023

Ithaca Food with Friends

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED 	3 8-10 SAB Coffee 10:00 EZ Motion 12:30 Cards	4 8-10 SAB Coffee 10:00 Knitting Group 12:00 Food with Friends Meal 12:45 Dominoes 1:00 Cornhole	5 8-10 SAB Coffee 10:00 EZ Motion 11:00 Wii Bowling	6 8-10 SAB Coffee 11:30 B.P. Checks by Joyce Raycraft 12:00 Food with Friends Meal 12:30 CASA presented by Rachel Molands
9 8-10 SAB Coffee 12:00 Food with Friends Meal 12:40 Bingo 2:00 Just For Fun Dulcimer Club	10 8-10 SAB Coffee 10:00 EZ Motion 1:00 Painting Class with Shirley 7:00 VFW #7805	11 8-10 SAB Coffee 10:00 Knitting Group 12:00 Food with Friends Meal 12:45 Dominoes 1:00 Cornhole 2:00 Afterglows	12 8-10 SAB Coffee 10:00 EZ Motion 11:00 Wii Bowling	13 8-10 SAB Coffee 12:00 Food with Friends Meal 12:45 Cards
16 CLOSED 	17 8-10 SAB Coffee 10:00 EZ Motion 1:15 SAB Board Meeting	18 8-10 SAB Coffee 10:00 Knitting Group 12:00 Food with Friends Meal 12:45 Dominoes 1:00 Cornhole 7:00 A-Tractive Tractor Club	19 8-10 SAB Coffee 10:00 EZ Motion 11:00 Wii Bowling	20 8-10 SAB Coffee 12:00 Food with Friends Meal
23 8-10 SAB Coffee 12:00 Food with Friends Meal 12:40 Bingo	24 8-10 SAB Coffee 10:00 EZ Motion 12:30 Cards	25 8-10 SAB Coffee 10:00 Knitting Group 12:00 Food with Friends Meal 12:45 Dominoes 1:00 Cornhole	26 8-10 SAB Coffee 10:00 EZ Motion 1:00 Wii Bowling	27 8-10 SAB Coffee 12:00 Food with Friends Meal 1:00 Visiting Strasbourg, France
30 8-10 SAB Coffee 12:00 Food with Friends Meal 12:45 Floor Shuffleboard	31 8-10 SAB Coffee 10:00 EZ Motion 12:30 Cards	8-10 EVERYDAY SAB Coffee & Conversation with Linda St. Charles 10:00 EVERYDAY Visits, news, games, & activities 12:00 Monday, Wednesday, Friday Food with Friends Meal, Call 989-875-2135 to make your reservation		

Senior Activity Building & Food with Friends News & Information

By Jo Jones, Site Manager

There are two holiday closings in January that happen to come on the first and third Mondays of the month. Food with Friends and the Senior Activity Building (SAB) will be closed on January 2nd and 16th.

You will need to call ahead to reserve a spot on January 10th to enjoy Shirley Frederick's painting class from 1:00-3:00 pm. The \$20.00 payment is due before the 10th. More information about this class can be found in a related article on page 4.

Every morning from 8:00-10:00 am, our SAB coffee and conversation happens. You will be welcomed by our Linda St. Charles and other seniors whenever you stop in to find a seat at the table. Stay a few minutes or two hours.

Food with Friends meals are on Monday, Wednesday, and Friday at 12:00 pm. Please take a peek at the menu and then call in your reservation for the days you will be joining us around the table. The suggested donation is still \$2.50.

When you look again at the calendar, you will find that Bingo will be at 12:40 pm on the 9th and 23rd. We thank Schnepf's and the Ashley Care Center for

their participation by calling the lucky numbers and then furnishing the prizes.

On the last Monday in January, we will try our luck at playing floor shuffleboard at 12:45 pm.

EZ Motion exercise class starts at 10:00 am on each Tuesday and Thursday. If you enjoy playing cards, come join us on Tuesdays, the 3rd, 24th and 31st at 12:30 pm. You will see another card day is Friday the 13th at 12:45 pm.

The knitting group gathers at 10:00 am each Wednesday. Dominoes are played at 12:45 pm most Wednesdays. Then after our Food with Friends meal, we will compete at Cornhole at 1:00 pm.

Thursdays we have Wii Bowling at 11:00 am following the EZ Motion class.

Friday, the 6th we will welcome Rachel Molands from Child Advocacy in Alma. Rachel will be explaining the Court Appointed Special Advocates program at 12:30 pm. If you would like to have your blood pressure checked on the first Friday, Joyce Raycraft will help you with that before lunch.

On the last Friday, the 27th, Jo will take us on a trip to Strasbourg, France. It is a beautiful city on the border of Germany that she visited after being in Paris. Since we had to reschedule the "Visit to Paris" in November, it is hoped that we can revisit Paris in February. The popcorn treat will be back too!

Gratiot VFW Post #7805 will meet at the SAB on January 10th at 7:00 pm. The A-Tractive Tractor Club meets at 7:00 pm on Wednesday, January 18th.

Our Senior Activity Building Board meets at the SAB on the third Tuesday of the month, the 17th at 1:15 pm. The officers elected in November are President Mary Humm, Vice President Roger Cook, Secretary Diane Yonker, and Treasurer for the past 17 years, Mary Sullivan.

Be sure to check the calendar at the SAB since there may be changes (Snow days?) as we go through our 11th month back full time! It is still our hope to add more of your favorite activities. Suggestions are always welcome! Masks are no longer required.

Food with Friends and the SAB phone number is **989.875.2135**. Feel free to call to check on updates about a scheduled event. Always call ahead of time to make your reservation for your Food with Friends meal. We look forward to your call and to welcoming you!

May you begin this New Year enjoying more time with our seniors at Food with Friends and the SAB. Welcome 2023!

HAPPY NEW YEAR
2023!

Senior Activity Building Donors

Thank you for the gifts received by the Senior Activity Building from November 13 through December 12, 2022.

Thank you to all of our volunteers, named and unnamed, who take care of our Building.

Gifts In Gratitude to SAB

Jo Jones
Just for Fun Dulcimer Club

Memorials

Linda Gulick

Bob & Mary Sullivan
Linda Johnson
M/M Mark Hinterman
M/M Mark Ecker
Mike & Linda Tanis
Art & Linda Tanis
Dick & Louise Lynch
Robert & Carol Kennedy
Jack & Carol Hinterman
Doug & Mary Merchant
Donald Sanborn
Food with Friends
Rick, Kathy & Heidi Vanderbeek
Marty & Monica Hinterman
Mike & Julia Hinterman
David Schlader
Paul Showers
Jennette Peoples
Chuck Hinterman
Dennis, Lottie, Tim, Diane Hinterman
Chuck & Betty Wakefield
Marilyn Lumsden
Jill & Jeff Chaney

GRATIOT COUNTY COMMUNITY FOUNDATION SENIOR ACTIVITY BUILDING AGENCY ACCOUNT gifts received:

Mary Humm



CASA

Court Appointed Special Advocates
FOR CHILDREN

**CASA OF GRATIOT COUNTY
GIVING CHILDREN A VOICE**

Gratiot Animals in Need (GAIN)

A local non-profit, Gratiot Animals in Need (GAIN), offers a variety of resources to Gratiot County pet owners. Office hours for December through February are Tuesdays only, from 2:00-4:00 pm. Please leave a message if no one answers at 989-875-2286.

♥ **Pet Food Pantry:** This is for low income/senior citizen pet owners in Gratiot County. The pantry is intended to lend an *occasional* helping hand during times of great need or emergencies. Our donations and supplies do not allow us to give out food every month to the same individuals. We encourage people who can afford to purchase pet food to not request a donation from us as it limits what we have to help others. The pantry operates solely on donations and supplies are limited. The pantry is located at Ways of the West, 1696 W Monroe (M-46) between Alma and St. Louis. Hours of operation: Tuesday, 2:00-5:00 pm and Thursdays, 3:00-5:00 pm. Hours are subject to change as we do not have paid employees, only volunteers. You can call 989-681-5993 to confirm hours. Donations of money, pet food, or pop cans are gratefully accepted at this location as well.

♥ **Companions Program:** This program can help Gratiot County seniors pay for veterinary office visits and, depending on the issue, for one-time medications or treatment needed from the veterinarian. This program does not cover vaccinations or on-going medications for allergies, fleas, etc. Contact 989-875-2286 or email julie@gainmichigan.org for more information. GAIN recognizes the benefits of pet ownership and the special bond seniors have with their pets. Our goal is to try to help Gratiot County seniors retain their pets when medical issues arise.

♥ **Barn Cat program** for people who are looking for help with rodent control in their barn, garage, warehouse, etc. To request placement of one or more of our working cats call the office at 989-875-2286.

Reminder:

If you travel elsewhere for the winter, please call the office, 989-875-5246, to either cancel your Senior Gratiot subscription for the winter or update your address.



Acrylic Painting Class Important Changes!

Shirley Frederick, Instructor

Please join instructor Shirley Frederick from the Alma Community Art Center at the Senior Activity Building, 1011 E. North St., Ithaca for an acrylic painting class. This is a fun class that will allow you to learn the basics of acrylic painting and take home a beautiful creation at the end of class. The project this month is pictured below, a beautiful cabin in the woods. If this sounds interesting, please call **989-875-2135** to **register** as **reservations are required**.

Beginning in 2023, the class will now be held on the **second Tuesday** of the month. The time remains the same, 1:00-3:00 pm and payment for the class must be received prior to the class. Cost for the class is **\$20.00, which must be paid in advance**. This fee includes all supplies and instruction. We are pleased to have Shirley share her talents with us. Please call 989-875-2135 to make your reservation. See you there!



Sharps Disposal Program

The Mid-Michigan District Health Department (MMDHD) is pleased to announce that it is now accepting used sharps from people who live in Gratiot County.

Many people aren't aware that throwing used sharps in the garbage puts family members and others in the community at risk. The best way to help prevent injury and infection is to place all used or unneeded sharps in a proper container and take them to a collection site. Gratiot County residents may take advantage of this **free** service by bringing their sharps containers to the Health Dept., located at 151 Commerce Dr., Ithaca, Mon.-Fri. from 8:00-12:30 and 1:00-4:30. Once inside the building, follow the signs to the Environmental Health Department.

Sharps must be in a medical sharps container or hard sided plastic container (i.e. laundry detergent jug) in order to be accepted. You cannot use a water bottle or milk jug. To ensure everyone's safety, the container's lid should be closed tightly and taped shut. Check with your local pharmacy to purchase a medical sharps container.

This program is for **Gratiot County residents only**. Commercially generated sharps will not be accepted. If you have any questions, please call 989-875-1002.

Foster Grandparent and Senior Companion Programs

Do you want to make a difference in an older adult or child's life?

Do you live on a limited income and need some extra money?

If so, then we need you to be a Foster Grandparent or Senior Companion Volunteer.

Benefits: \$3.00 an hour non-tax stipend (will not affect social security, subsidized housing etc.), mileage reimbursement and a meal during service hours, training, PTO, and holiday pay.

Must be: 55 and older, meet income guidelines, available to volunteer 15-20 hours per week and pass background checks.

Serving: Clare, Gratiot and Isabella Counties

Please contact: Brandi, Jodi, or Anne at (989) 772-0748



Incontinence Supplies

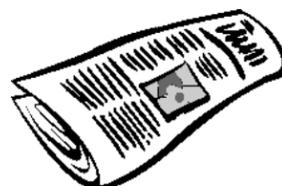
Gratiot County Commission on Aging is able to provide limited assistance with incontinence supplies for those in need. Please check with your insurance to see if these supplies are covered. If they are not or if you are awaiting approval, we may be able to assist with filling the gap. The supplies we receive are through donation and we are able to distribute them to those in need in limited quantities. Please know that we do not have all sizes at all times. Contact Commission on Aging by calling 989-875-5246 to confirm that the size you need is available and to arrange your pick up..

December 2022 Prep Team Volunteer Thank You!

These 12 COA volunteers devoted 21 hours to prepare the November 2022 issue of the Senior Gratiot Newspaper for mailing.

Lisa Skaryd, Ruthie Malek, Francine Throop, Nancy Crispin, Helen Hoard, Carole Moore, Ellen Martin, Cheryl Wiseman, Carol Glave, Linda Cox, Irene Peck, Garrett Skinner

Thank you very much!



Gratiot Community Personal Needs Pantry Announces New Hours Beginning in January 2023. They will now be open every Thursday, from 12:00-3:00 pm. For additional information, please contact 989.681.3320.

To date, J&J Party Store has donated \$10,388.43 to the HDM program at the COA!

Area Food Pantries

Alma

First Presbyterian Church
495 Charles Ave., 989-463-2940
Tuesdays (except 5th Tuesday of the month) from 1:30-3:00 p.m.
Serves Alma, Riverdale, Elm Hall and Elwell. Can receive food every six weeks.

Ashley

East Washington United Brethren Church
8051 S. Crapo Road, 989-838-2314
Second Tuesday, every other month (Jan, March, May, July, Sept, Nov) from 3:00-5:00 pm. Must be a resident of Gratiot County and provide proof of residence. Bring box or bag for items.

Bannister

Bannister United Methodist Church
103 E. Hanvey Street, 989-862-4392
Third Saturday of every month, 1:00-3:00 pm. Must be a resident of Gratiot County and show proof by drivers license or ID.

Breckenridge

United Methodist Church
125 Third Street, 989-842-3632
Tuesdays, 10:00 am-1:00 pm. Residents of Breckenridge, Hemlock, Merrill, and Wheeler only. Can receive food once every 60 days, show state drivers license or ID.

Ithaca

First Presbyterian Church
218 E. Newark St, 989-875-4437
Wednesdays, 9:30-11:30. Residents of Gratiot County south of Tyler Rd **only**. Six times per year. Bring picture ID.

Riverdale

Lincoln Rd. United Methodist Church
9479 W. Lincoln Rd., 989-463-5704
Third Thursday, 9:00-11:00 am. Residents of Sumner and Seville townships who meet financial guidelines receive 1 week of food. On first visit, bring Drivers License/State ID and proof of address.

St. Louis

St. Louis Church of Christ
1075 W. Monroe Rd, 989-681-2524
Third Thursday of the month 11:30 am - 2:00 pm. Please bring own box/bag for items. Photo ID, proof of income, residence and number of people in household required once a year and for new participants.

Please call number listed to confirm days and times.



MyMichigan Medical Behavioral Health Care

Depressed? Anxious? Stressed?

You are not alone and it is important to take care of your mental health. MyMichigan Medical Center - Gratiot is your go-to place. They have a team of experts ready to assist you.

The Psychiatric Partial Hospitalization Program is available to help address behavioral health concerns with an intensive, patient centered program designed to help people cope with life. For more information, please contact MidMichigan Medical Center - Gratiot at 989-466-3253 or by going on-line to mymichigan.org/mentalhealth.

You Can Report Scams & Frauds

The Federal Trade Commission (FTC) is the main agency that collects information on scams and fraud. If you would like to report a suspected scam or attempt at fraud, you can call **1-877-382-4357** or report online to usa.gov, looking under the Consumer Issues section. By clicking on the Consumer Issues section, you will be able to follow the prompts to report a fraud or scam, file a complaint, ask a question and learn how to protect yourself from identity theft.



Commodity Food Distribution Date

Commodities distribution will be on **Monday, February 27, 2023**. Anyone 60 years and older who meets the income guidelines is eligible to receive the food commodities. Income guidelines are as follows: one person's monthly income no more than \$1,473; income per couple not to exceed \$1,984 monthly. (To confirm income guidelines, please call Eight Cap.) Anyone interested in the program **must** contact Eight Cap at 989-463-5693. Clients may pick up commodities at the Alma Elks, 610 W. Warwick Dr., Alma from 9:30 a.m. to 11:00 a.m. or at the Commission on Aging, 515 S. Pine River St., Ithaca from **12:30 to 1:30 p.m.**



Breckenridge Sassy Seniors!

By Lori Chvojka, Site Manager

Happy New Year!! How do you celebrate New Year's? In our house, we get together and go to dinner and celebrate Jerry's birthday. Jerry was born at 11:55 pm on New Year's Eve 71 years ago this year. We have been doing this for about 45 years. We started with just a few family members then it progressed to a lot of family and friends. What has made this great is as the years have progressed, our grown children and nieces and their families have all joined in the fun. We have gone from going to a restaurant to now celebrating at our daughter's home with dinner and fun. We have changed because we wanted all the young kids to join in the fun AND **THEY SURE HAVE**.

I thought I would follow what I did in my last newsletter and give you all some ways others celebrate New Year's.

1. Here in the USA a lot of people watch the ball drop at Time Square. This tradition started in 1907.
2. Brazil heads to the beach. Immediately after midnight, they jump seven waves and make seven wishes.
3. In Spain, they eat 12 grapes which symbolize the 12 strokes of the clock. This was done to ward off evil and bring prosperity for the year to come. But, you must eat all 12 grapes before the clock is done striking 12!!
4. The custom in India is to build a sculpture of an old man and burn it down. The old man represents the "old" year, while the burning of the statue represents the passing of old

grievances to make space for the new year to be born.

5. The Japanese eat soba noodles. Since the noodles are firm and easy to bite, it symbolizes a break away from the old year.
6. In Denmark, they throw old plates to bring good luck in the coming year. It is said that the more broken plates on your doorstep, the better off you will be.
7. In Canada, they go ice fishing. People rent heated huts on the ice and cook their catch and share it with friends and family right on the ice.
8. Philippine families eat 12 round fruits which bring prosperity in the coming year. 12 fruits for 12 months.

I am sure there are many more traditions to be found around the world. New traditions start from old ones. We here at the COA are always looking for volunteers and what a fantastic new tradition to start! Everyone benefits from the new tradition. If interested in volunteering, give the COA office a call and they will gladly get you started.

All of us here at the Breckenridge Senior Center wish you and yours a very happy and prosperous New Year. Our doors are open from 12 noon until 2 pm and we would love to see your smiling face and challenge you to a rousing hand of Euchre or a quick round of Bingo or marbles!!

Happy New Year! Spring is heading our way and I am so looking forward to it!

T I G A E J W Q J Y Y Z J O G
 L H C G U S T K T K D W A V R
 G W G E T S A C R E V O C E E
 S L H I S G A S P S G C K R B
 L M O Z N K Y T G L H I E S E
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PARKA

FLEECE
HEATER
JANUARY
OVERCAST
POLAR

FLURRIES
ICEBERG
MELT
OVERCOAT

GLOVES
ICE SKATES
MITTENS
OVERSHOES

January

Menu

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED 		Beef and Noodles Corn European Vegetable Peaches Wheat Bread		Baked Ham Whipped Sweet Potatoes Mixed Vegetables Tapioca Pudding Dinner Roll
Macaroni & Cheese Mixed Vegetables Beets Peaches Wheat Bread		Lemon Pepper Chicken Whipped Potatoes/Gravy Peas Cranberry Mousse Wheat Bread		Smothered Chicken California Blend Brussel Sprouts Pears Wheat Bread
CLOSED 		Chicken a la King Potato Rounds Broccoli Wheat Bread		Basil Parmesan Chicken Brown Rice Spinach Pineapple Dinner Roll
Chop Suey Brown Rice European Vegetables Applesauce Wheat Bread	 Belly Laugh Day	Spanish Chicken Redskin Potatoes Corn Apple Slices Wheat Bread		Pulled Pork Green Beans Corn Mandarin Oranges Hamburger Bun
Chicken & White Bean Chili Corn Brussel Sprouts Tropical Fruit Corn Bread				

Menu is Subject to Change Without Notice, milk provided with all hot meals. Suggested donation \$2.50 per meal. To CANCEL your HDM or to order a meal for a Food with Friends site, please call the COA Kitchen, 989-875-5332.

Greetings From Fulton

By Irene Noffsinger, Site Manager

Happy New Year

Can you believe it? Seems like yesterday we were approaching the new millennium and now it is 2023. Hopefully, last year was a good year. I am looking forward to all the next year will bring.

We are sending out a big THANK YOU to the Sweet Adelines Chorus, HEART OF MICHIGAN CHORUS, for the wonderful performance they gave us on December 12th. If you were there, thank you for coming. If you missed it and see that they are performing somewhere else in the area, try to go see them. You will not be disappointed.

Come join us on January 18th for the second talk on Historic Schools. We will be welcoming back Dana Kenneth Johnson, author, publisher, photographer, historian and educational media producer to Fulton Senior Center. Following lunch he will be giving a presentation about historic schools in Gratiot County. Lunch will be served at 12:00 pm with the presentation following. Please call and let us know if you will be coming for lunch. If you are unable to come and eat, then please join us for the presentation

beginning at 12:30 pm. Dana will be returning on February 15th for his last presentation on Historic Schools.

On January 30th, Rachel Molands will be visiting our site to talk to us about CASA, Court Appointed Special Advocates. She will do a short presentation informing us what CASA is and how to get involved if you choose to. She will be talking about pairing everyday citizens from the community with children in the foster care system. There is a tremendous need for citizens to be the eyes and ears for the judge and provide recommendations for care that are in a child's best interest. If you are able, please stop in at 1:30 pm and listen to Rachel.

We will be playing Bingo from 12:30 – 1:30 pm on Monday, January 23rd.

BOOKS BOOKS BOOKS

As always, if you have books you are wishing to part with, we are always glad to give them a home. They can be dropped off at the site anytime, Monday, Wednesday, and Friday from 10:00 am until 2:00 pm. We would be most happy to give them a new home for you. Also, you can come and take books from the rolling cart during the same hours.

We have resumed our regular hours, being open Monday, Wednesday and Friday from 10:00 am to 2:00 pm. Early birds have started playing cards at 10:00 am, then break for lunch at 12:00 pm and resume playing until 2:00 pm. If this sounds like something that works for you, come on down and join us. Euchre as well as Skipbo and other card games are played.

Come join us for lunch. Lunch is served at 12:00 pm. Call for your reservation, 989.236.5019.

Food with Friends

Breckenridge Site
 Breckenridge Masonic Temple
 122 E. Saginaw St., Breckenridge
 Phone: 989-842-3338
 Site Manager: Lori Chvojka

Fulton Site
 Fulton Township Hall
 3425 W. Cleveland Rd., (M-57)
 Perrinton
 Phone: 989-236-5019
 Site Manager: Irene Noffsinger

Ithaca Site
 Senior Activity Building
 1011 E. North St., Ithaca
 Phone: 989-875-2135
 Site Manager: Jo Jones

Memorials

Commission on Aging

Naomi Perry
Red Hot Honey Bee's

Janis Green
Nancy Throop

Mable Dayringer
Donna Husted
Linda Gulick
Joan Sparks

Dolores Comstock
Ronald & Judy Stone
Diane D. Comstock-Davidson
Rob Comstock
Jane Acosta
Drew Comstock
Judy Roslund

Leona Martin
Her Family

James & Edith Riley
Jim Riley
Irene Riley
Wendy Bywater
Janet Schollaert

Nutrition

Dolores Comstock
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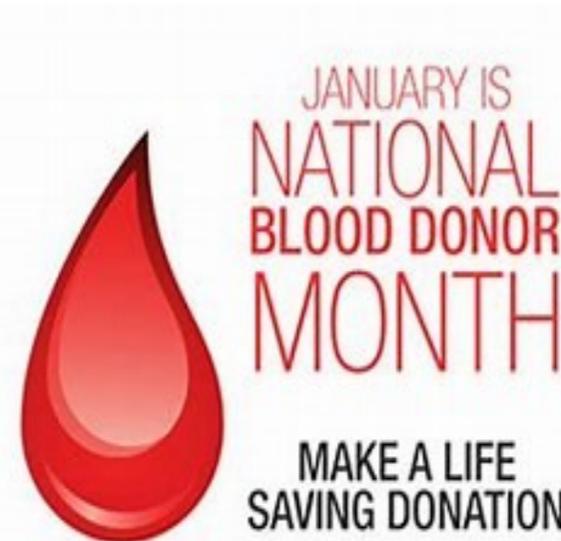
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Thank you for your support and generous donations.



Legal Assistance

Region VII Area Agency on Aging has taken over for Lakeshore Legal Aid, providing legal assistance to older adults in our community. If you need legal assistance, contact Region VII's Legal Department, 800-858-1637.

Region VII Area Agency on Aging



SENIOR GRATIOT, INC.

JENNIFER COOK, EDITOR
MARITA HARKNESS
HOWARD POINDEXTER
VICKIE THUM
CRAIG ZEESE

Senior Gratiot is published monthly for Gratiot County senior citizens 60 years and older by Senior Gratiot Inc., 515 S. Pine River St. Ithaca, MI 48847. It is supported by donations and is printed at Stafford Printing of Greenville.